



St Andrew's Family Support



# HYPE & Learning Crèche Update

April 2010 - October 2010



Kathleen, on the left has three children under school age and Gemma, right has two children. Here they cover cooking and food hygiene in the kitchen. Gemma also got help with her CV and application forms and has since joined Primark.



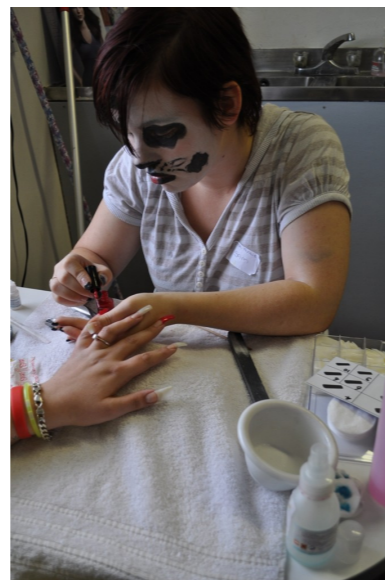
Learners receive their LIVE It! certificates which recognise hours of vocational training in the different strands including the garage, kitchen, allotment, salon /mobile salon, and plant nursery as well as the crèche. Natasha, centre right received from Dee McIntoch, Project Manger left and Lynn Visscher LIVE It! Coordinator on far right, a Bronze award for 30 hours service in the crèche and the salon.

Lizzie and Louise, new parents who have started since August prepare job applications and work on their qualifications.



Visiting the local library with the children is enjoyed by learners and children. Learners cover the risk assessment of external trips.

Sam, a young parent and carer for her 15 year old sister now has her own nail business which she has had help setting up with the support of the HYPE salon instructor. She still attends HYPE regularly and here she prepares Halloween makeup!



# WHERE LEARNING WORKS

## HYPE Objectives:

- Provide flexible supported training to young parents aged 15-24 years.
- Provide relevant employability skills, interview training and prepare up-to-date CV for 20 participants.
- Cover nutritional and health information relevant to pregnant and young parents with young children.
- Provide accredited and vocational training options for 15 participants.
- Engage with 25 new parents every year.

## HYPE Actions:

- Engaged with total of 38 new young parents during the year August 2009 to August 2010. Since August 2010 until October 2010 a further 13 young parents have attended HYPE.
- This meant that in total 64 young parents including the young parents already registered with us used the HYPE service during the last year. Around 40 regularly attend on different days.
- Six passed their *Food Hygiene First* qualification and have now moved onto the new ASDAN Personal and Social Development course. In addition the Red Cross accredited *Life, Live It* course is now being delivered in a modular way and around 10 have completed modules so far.
- Employability skills and CVs prepared for 22 participants with Employability Files for those actively seeking work. Five young parents have moved onto work this year and five are volunteering.
- Provide twice-weekly cooking classes with focus on healthy meals for families using Food Standards' Agency *Cookwell* course. Four parents have completed the course to a high standard and received a certificate.
- Breastfeeding Workshop and Weaning Workshop provided to young women and young parents.
- Foundation beauty therapy and hairdressing skills are being covered weekly. Experienced participants are now taking a role in the new *Beauty for All* mobile enterprise that works with elderly people in Dundee.
- Family and personal support continues to be provided to young parents reducing isolation and giving them place to feel welcome.

## Learning crèche Objectives:

- To offer direct training in childcare to young people aged 15-16 years who have excluded themselves from mainstream education and may not experience a fully integrated family life.
- Provide foundation training in childcare to 15 young people covering areas such as children's rights, areas of play, health and safety and development.
- Establish weekly learning crèche facility for use by the young parents who access the HYPE service.

## Learning crèche Actions:

- 31 learners have accessed the crèche through the last year. It has been a highly successful new service enjoyed by many.
- Training manual has been developed with relevant worksheets to provide 5/6 week foundation training. Not all the users complete the manual as they do move onto work placements within the time-scale but all do get a good understanding of the key points on caring for young children and that will enable them to be better parents in the future.
- A number of young people have had placements in nurseries. Four have gained full time employment in nurseries, two in elderly care following placements in nurseries and 5 have entered further education in the care field.
- Full risk assessment and registration policy has been developed for operating the crèche.
- Crèche certificate given to those who complete the manual and also those who cover a range of vocational training options including the crèche also receive a LIVE It! certificate.

# WHERE LEARNING WORKS

## CASE STUDIES:

### Young Parent: Leanne

Leanne first started at the St Andrew's Family Support Project two years ago when she was 18 years, shortly after having twin boys. She started using the HYPE service soon after and has been regularly attending both of these joined up-services since. Through the Family Project she has developed parenting skills and a network of good friends - and despite set backs is hoping to be the full carer for her children soon. In addition she has achieved a Food Hygiene qualification, and completed the Food Standards Agency's *Cookwell* course and is now working towards an ASDAN qualification. She is also a highly experienced beautician through the weekly training and is now applying for a range of jobs with her preference, as a very friendly and outgoing person, towards catering and hospitality.

For Leanne the joint projects have provided her significant support, "I have enjoyed everything and learnt a lot especially in cooking. Everyone is friendly and I am now getting help with jobs too."



### Young Person: Rachel

Rachel has an outgoing personality and a lack of confidence was not an issue. However Rachel struggled to act appropriately in certain situations and could revert to juvenile and petulant behaviour which highlighted an immaturity and inability to accept 'rules' of the workplace. It was highlighted to her by her Key-worker and Employment Liaison Officer that a placement would not be possible unless she addressed her attitude.

Rachel had considered a career working with children as part of her 'development', so it was suggested that she start working in Helm's new 'learning crèche' which forms part of Helm's vocational training project, LIVE It! Rachel was instantly a hit with the children who responded to her warm open personality and playful nature. With her new-found confidence and determination to take forward a career in childcare she realised the importance of getting a work placement and 'turned over a new leaf' and demonstrated what a successful placement candidate she could be.

Rachel completed her training at the crèche and started a placement at Wonderland Nursery in Dundee which she thoroughly enjoyed. She then moved to another nursery, Oranges and Lemons and has now successfully gained a position in that nursery which she has now been working in for several months and is already working towards her SVQ Level 2 in Childcare. Having access to training in the crèche enabled Rachel to experience a career that she had only tentatively thought about and which gave her the focus to pursue - which she has now done successfully.

