



Annual Report 2006 - 2007



..working with young people to a better future..

Chair's Report



"Never more so than this year has the positive belief by the staff in the important work they are doing seen the charity guide and support more young people through into work and full-time education."

It is a remarkable strength of Helm Training that in the light of uncertain employment times in Dundee and Angus over the last year, the organisation has shown a responsive and resilient spirit to finish another operating year in a secure and successful position. Although Helm relies on automated systems and up-to-date technology it is essentially a 'people' business. Never more so than this year has the positive belief by the staff in the important work they are doing seen the charity guide and support more young people through into work and full-time education.

Earlier in the year the staff were applauded by Investors in People for their *'inclusive culture and strong sense of teamwork'* and I should like to reiterate this formal recognition and extend our thanks from the Board for the immense work they have put in to continue to make Helm an inclusive and beneficial training environment.

Over the last year Sea Captain's House, the Dundee training centre and administrative base for the charity has undergone a complete external face lift which is being completed during summer 2007. This has been a huge investment programme over two years and the renaissance of this historic building in a sense reflects the journey of the charity itself since its earliest beginnings to its strong present position. The centres in both Dundee and Angus have never been busier consolidating our role as one of the key providers in Tayside for government training programmes and in

the light of the formation and support of the Dundee 'Discover Opportunities' (formerly NEET) Partnership during the year, we continue to plan and expand our range of programmes that will reach out to different groups of young people over the next few years. We have also been pleased to continue assisting the Education Departments in both Dundee and Angus to provide an alternative learning environment to school for young people who need it.

Without the support of local employers, trusts and other organisations we would not be able to provide many of the additional services or ensure the effective staff student ratios we now know are essential in achieving positive outcomes. In recognition of both the time given and generosity shown towards Helm, we have established *Friends of Helm*, the charity's personal way of marking the contribution made by so many to our work. In particular services like the new employment information point, the *Job Station* in Dundee, the funding that has facilitated the continued success of *Helm's Harvest*, the allotment project which has introduced around fifty young people to the basics of organic gardening, or the further improvements made to the Angus centre.

We hope that the strides made over the last year will continue and further engagement with key partners and businesses throughout Tayside will enhance our work and services as we focus on preparing a new generation of the workforce for 21st century Scotland.

David Smart
Chair

Danny

Danny came to Helm in his last year of school on the Pathways programme but he had already been at home for some time because of his poor behaviour and his exclusion from school at the end of S3.

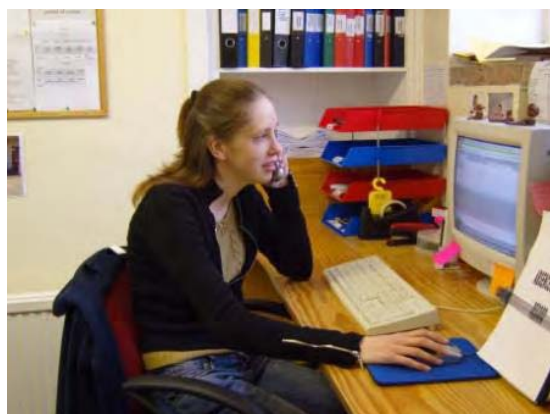
His behaviour was at first challenging and his attendance poor however over time Danny grew to enjoy the different learning style and environment at Helm and responded to the instructing methods and smaller groups adopted, and quickly his attendance improved and on becoming sixteen in October, he successfully transferred over to the Get Ready for Work programme. He has now completed his SQA in Numeracy, IT and Problem-solving and taken an active part in the *Helm's Harvest* allotment project.

With greater focus on his career options and in discussion with his Key Worker and the Employment Liaison Officer, he decided to try and apply to Dundee College and has successfully gained a place on the Foundation to IT course starting in August which he hopes will help him prepare for a career in mechanics in the future. Before starting at college and in line with his ambitions, Helm has arranged for a placement at Carolina House Trust Garage where he is learning the ropes on a fleet of cars used by the charity.



Nancy

Nancy started at Helm Training Angus in January 2007. Her long-term goal was to study drama at college but she was aware she needed to develop her confidence and gain some essential qualifications before this would be possible. During her time at Helm, Nancy achieved four SQA Core Skills and one of the ASDAN units.



Nancy's key worker arranged for her to do some voluntary work in the evening

with *Showcase the Street*, a charity that uses dance, music and animation to include young people in rural towns in Scotland. Nancy was a keen volunteer and when she had been there for a few months, she was offered the opportunity of running one of the groups as a paid member of staff. This was a great boost to her confidence and she gladly accepted the position. Now she is combining this work as she progresses on to the Get Ready for Work programme at Angus College in August and hopes that once she has completed this, she will be ready to begin her drama studies in earnest.



Funders and Supporters

NCR
CJ Lang
Angus Council
Awards for All
The Glover Trade
Mathew Trust

JobCentrePlus
Lang Foundation
Dundee City Council
University of Dundee
Tay Charitable Trust
RAF Motorcycle Club

Communities Scotland
European Social Fund
St Katherine's Fund
The Souter Charitable Trust
William S Phillips Fund
Scottish Council for Voluntary Organisations

Miss Agnes H Hunter's Trust
Scottish Enterprise Tayside
The Hugh Fraser Foundation
The Low & Bonar Charitable Trust
Northwood Charitable Trust

Summary of Accounts

HELM TRAINING LIMITED

Summary of Income and Expenditure account for the year ended 31st March 2007

	2007		2006	
	£	£	£	£
Expenditure				
Staff costs		388,943		382,622
Property costs		102,995		99,095
Other costs		214,868		233,110
TOTAL EXPENDITURE		706,806		714,827
Income				
European Social Fund		247		38,251
Workstep Employment Scheme		57,318		60,551
Tayside Individual Initiative Fund		42,556		88,385
Scottish Enterprise Tayside		413,645		330,972
Dundee City Council		214,200		184,196
Donations and grants		23,730		41,650
Other income		25,338		38,705
TOTAL INCOME		777,034		782,710
SURPLUS		70,228		67,883
Transfers to Designated Reserves				
Sports Equipment Sinking Fund		(2,268)		(2,268)
Building Repairs Reserve		(60,000)		(70,000)
		7,960		(4,385)
Summary of Balance Sheet as at 31 March 2007				
Fixed assets		649,825		672,276
Current assets	199,671		118,448	
Current liabilities	83,486		74,550	
Net current assets/(liabilities)		116,185		43,898
Total assets less current liabilities		766,010		716,174
Restricted reserves		486,880		528,378
Designated reserves		121,340		79,095
Revenue reserve		157,790		108,701
		766,010		716,174
Full copies of the audited accounts are available on request				



INVESTORS IN PEOPLE
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